

PE and Sport at The Linden Academy September 2017

Update for families

At The Linden Academy, we have decided that one of the key targets for improvement of the personal development, behaviour and welfare of our children, will be a focus on the enhancement of a healthy lifestyle, part of which includes a review of the provision of Physical Education.

We wish to advise you that in order to achieve this, each class will participate in 2 hours of PE each week. This will not affect the provision of core academic learning.

As we are sure that our families will wish to support this drive, including by ensuring their child is appropriately dressed for PE on the correct days, we wish to advise you via the table below which days each class will have their PE sessions.

Please note the following advice:

- Children in Key Stage 2 (Years 3, 4, 5 and 6) should wear their PE kit into school as their uniform for the day in order to avoid having to change in school.
- Sport for Year R children will show as a one hour dedicated slot as their curriculum lends itself to a range of appropriate learning within Physical Development to cover the PE objectives in cross-curricular methods and during play.
- For children in Year R and Key Stage 1 (Years 1 and 2), we recommend that PE kit remains in school all week, in order that they ensure they have their kit when required. We ask that families of children in these year groups endeavour to add a plain pair of jogging bottoms or leggings, preferable navy, into their child's PE kit, if such an item is available at home. These would be suitable for outdoor PE on chillier days.
- All items of uniform, including PE kit and bags, should be clearly named with the child's forename, surname and preferably class. Even the darker items of clothing such as kit can have a name handwritten on the fabric inside the item using a visible marker pen.
- For Year 4, please note that their *Monday session during the Autumn term will be swimming at Inspire Luton. They will need to ensure they have named swimming kit, including towel, with them on that day in a waterproof bag.

Year Group	Class	Day of PE Lesson(s)
Year R	Acorn	Monday
	Blossom	Wednesday
	Seedlings	Tuesday
Year 1	Ash	Thursday & Friday
	Elm	Wednesday & Thursday
	Holly	Tuesday & Friday
Year 2	Beech	Monday & Friday
	Cherry	Tuesday & Thursday
	Rowan	Tuesday & Wednesday
Year 3	Hazel	Tuesday & Wednesday
	Maple	Monday & Tuesday
	Pine	Monday & Wednesday
Year 4 *	Alder	*Monday & Wednesday
	Aspen	*Monday & Wednesday
	Pine	*Monday & Wednesday

Year 5	Hawthorn	Monday & Thursday
	Juniper	Monday & Thursday
	Poplar	Tuesday & Thursday
Year 6	Elder	Tuesday & Friday
	Oak	Thursday & Friday
	Willow	Wednesday & Thursday